



BOTOX™ Cosmetic Post-Treatment Instructions

Please follow these instructions carefully after each Botox™ Cosmetic treatment:

- As you leave the office, you might notice some slight swelling but it should cease within a few hours.
- For the next 4 hours, you need to keep your head and neck completely upright. Do not bend over, lay down flat or place your head against a pillow. Allow at least 4 hours to pass before touching, pressing or manipulating the treated areas.
- You may notice some slight bruising for a couple of days. This is common and it will gradually disappear. You may cover the area with makeup if you like.
- You may go home or return to work and resume your daily activities. Moderate exercise can be done after your treatment.
- Please be patient, for results are not immediately apparent. You may notice some changes in 3-5 days and complete effects are not realized for up to 2 weeks.
- When you return we will evaluate the progress of today's treatment. Some people may need an additional touch-up treatment to be sure that all of the treated muscles are adequately weakened.
- If you have any concerns about your treatment or if you are experiencing difficulties with your recovery, please contact Merheb Surgical Arts

If you have any questions or concerns, please contact Dr. Merheb during office hours at 309-683-3223 or after hours at 309-868-2525.

