



## **Pre-Operative Instructions Outpatient Surgery under Intravenous Sedation or General Anesthesia**

The following guidelines must be followed by patients scheduled for outpatient surgery under intravenous sedation or general anesthesia.

The patient must be seen by Dr. Merheb for a preoperative consultation prior to the date of surgery to evaluate the patient's medical status, examine the patient's oral condition, discuss the indications, risks and fees for surgery and determine the choice anesthetic.

The patient must not take any solid food or fluids of any kind (**not even water!**) after midnight the night before your surgery.

The patient must be accompanied by responsible adult who will arrive with the patient, remain with the patient, and drive the patient home or escort them to their doorstep (if taking a cab or bus) after discharge following surgery.

Eye and facial make-up, lipstick, nail polish, etc must **NOT** be worn.

Contact lenses, wigs, hairpieces, and false eyelashes must be removed prior to admission to the operating area.

Female patients should wear slacks, jeans or a skirt with a separate, easily removable top rather than a one-piece dress or one-piece outfit.

If a prescription for pills or other medication was given to you by Dr. Merheb to take prior to arriving, please take these as directed with only a sip (one teaspoonful) of water.

No smoking or tobacco on the morning of surgery prior to your appointment.

If symptoms of a common cold (sore throat, runny nose, fever, chills cough) or other illness develop prior to the day of surgery, please notify our office immediately so your surgery can be rescheduled for another day when you are better.

Patients arriving late for surgery may not be able to be treated.

Note: Outpatient surgery is scheduled as a convenience and economic saving to the patient to avoid the added costs of hospitalization. Failure to follow these directions jeopardizes the safety of the patient under intravenous sedation or general anesthesia. Violations detected prior to surgery will result in cancellation of surgical appointment.