



Cosmetic Surgery Pre-operative Instructions

- ✧ No eating or drinking for 8 hours prior to surgery
- ✧ Leave jewelry/personal belongings at home
- ✧ No makeup or hair product (hairspray, mousse, gel...)
- ✧ Must be picked up by a responsible adult and accompanied for 24 hours following surgery
- ✧ Bring all prescriptions to surgery appointment
- ✧ Wear comfortable, two-piece button down pajamas
- ✧ Wash hair 3 times the night before surgery
- ✧ Payment will be taken prior to surgery
- ✧ Stop taking aspirin, vitamins and herbal supplements 2 weeks prior to surgery.
- ✧ Notify your surgeon of any changes in your medical history.