



## **Blepharoplasty (Upper eyelid Surgery)**

### **POST OPERATIVE INSTRUCTIONS**

**Dressing** - If eyes do not close at first due to swelling, you may need a lubricating ointment at night. A piece of plastic dressing may be used to help eyes retain moisture as well.

**Sutures** – Some will be removed at 5 days, some dissolve in about two weeks.

**Wound Care** – Upper eyelids incisions may be cleaned with diluted peroxide and coated lightly with Polysporin ointment and Q tips as demonstrated by your doctor. Blood tears and drainage are normal, especially the first few days or with increased activity. If eyes feel dry, an over the counter natural tears formula may be used as needed.

**Activity** – Elevate the head off the bed 30 degrees using one or two pillows. Use ice the first 24 to 48 hours for swelling (Frozen peas in a zip-lock bag are very convenient and effective). Increase activity as tolerated with no heavy exercise for two weeks.

**Special Instructions** – Contact lenses may be worn after about one week. Swelling and bruising is normal. Eyes may feel dry and scratchy.

If you have any questions do not hesitate to contact Dr. Merheb during office hours 309-683-3223 or after hours 309-868-2525.