



## Facial Rejuvenation

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Do you have wrinkles on your forehead and between your eyebrows? Do people around you tell you that you look tired or angry when you are not? The lateral (outermost) part of the eyebrow is one of the first signs of aging. A heavy drooping brow can alter the way you look, feel and see. If your eyes are your most eloquent feature, then your brows are the most animated. By dipping or rising slightly, they completely alter the expression on your face, from sad and tired to happy and relaxed.

An endoscopic brow lift is a sophisticated technique that elevates and reshapes the eyebrows. It also reduces forehead creases and gives you a more youthful and friendly appearance. This procedure eliminates the sad, angry and tired look. The more artfully shaped your brows are, the more open, uplifted and young your face looks. It is often the correct procedure to rejuvenate the upper eyelid area instead of upper eyelid surgery (*blepharoplasty*).

### **How is the procedure done?**

A brow lift is a surgical procedure performed in an outpatient surgery suite. Only small incisions are placed behind the hairline. A state-of-the-art camera is used to shape and elevate your brows while the surgeon is looking at a TV monitor. This procedure is not limited to older individuals, but it is also performed for younger individuals who inherited a predisposition toward low and heavy brows at an early age.



### **How will you look after surgery?**

Patients wear a head dressing for 24 hours. Following the removal of the head dressing, a tennis head band is worn for four days, followed by seven nights only. Swelling usually subsides within five to seven days. Faint bruising may persist beyond one week, but it can be easily covered by make-up or even camouflaged by eyeglasses. Following the procedure, minimal discomfort can be expected and controlled with medications prescribed by your surgeon.



### **When is a brow lift recommended?**

A droopy appearance can result from at least two conditions:

- A droopy brow and forehead sag (the most common)
- Extra skin in the eyelids.

In order to achieve the most natural and attractive look, a brow lift should be considered first, followed by a more conservative upper eyelid surgery, only if needed. The need for one or both procedures often depends on the amount of extra skin present and the age of the person. **TPW**